

Know where you are going with the lifted object before conducting the lift, and make sure that your pathway, and the location the object is to be placed are clear. If the object must be lowered, reverse the above and move with a fluid motion; do not make abrupt movements. If mechanical lifting aids are available, use them.

**FAILURE TO FOLLOW THE PROPER WORKPLACE SAFETY PROCEDURES CAN MAKE THE WORKPLACE UNSAFE FOR OTHERS AS WELL AS YOURSELF. THEREFORE, WE WILL STRICTLY ENFORCE OUR POLICIES AND PROCEDURES TO ENSURE A SAFE WORKPLACE FOR ALL OUR EMPLOYEES. FAILURE TO COMPLY WITH ANY OF THESE POLICIES MAY RESULT IN DISCIPLINARY ACTION UP TO AND INCLUDING TERMINATION OF EMPLOYMENT.**

I have read and understand my responsibilities under the Len-Co Lumber Safety Policies and Procedures Manual

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date

(Print name)